

# Prostatol™

**Prostatol™** is a revolutionary dietary supplement like no other and is specifically formulated to help prevent prostate inflammation and support normal prostate health. Manufactured using the proprietary **B.E.E.®** (Bio-Enhanced Extraction) technology, this product offers optimal benefits whereby only the beneficial constituent of the herb is isolated by weight and structure, which quickly releases the active ingredients into the bloodstream for superior, fast results.

## **How Prostatol™ Works:**

**Prostatol™** is designed to be a powerful prostate protector that keeps the prostate free from damage due to bacteria, viruses, toxins and free radicals.

**Prostatol™** accomplishes this through its powerful antioxidant activities and anti-inflammatory properties, while effectively diminishing pain, inflammation and enlargement of the prostate. This unique formulation also helps to promote urinary track health and it powerfully supports normal blood levels of PSA (Prostate Specific Antigen), needed for healthy prostate function.

**Prostatol™** also provides fast-acting support for the body's natural ability to maintain normal testosterone levels. Recent research has concluded that increased testosterone levels in the blood appear to be associated with an increased risk of developing prostate cancer in men aged 55 years and older. Testosterone is also a big concern for those diagnosed with hormone-dependent prostate cancer. As a result, as long as the body produces certain levels of testosterone, prostate cancer will most likely continue to grow and possibly spread.

## **Applications**

**Prostatol™** has been used to:

- Reduce inflammation (Prostatitis) and enlargement of the prostate.
- Decrease the levels of serum PSA (Prostate Specific Antigen).
- Lower unhealthy testosterone levels.
- Help decrease certain risks of malignancy and reduce the size of prostate tumors.
- Relieve pain and discomfort associated with an enlarged prostate.
- Reduce dribbling and/or straining.
- Help to eliminate incontinence.
- Protect the prostate from damage due to: bacteria, viruses, toxins and free radicals.
- Act as a powerful anti-oxidant.
- Increase urine flow.
- Reduce kidney stones.

- End frequent middle-of-the-night trips to the bathroom.

**Tomato Fruit B.E.E.®**: The main active ingredient of **Tomato Fruit B.E.E.®** is Lycopene, which is a powerful antioxidant that has remarkable power fighting against degenerative diseases. It helps lessen the risk of prostate cancer and decreases the levels of serum PSA (Prostate Specific Antigen, a common marker used to detect prostate cancer). It can also help decrease certain risks of malignancy and reduce the size of prostate tumors. A well-known Harvard University study showed a clear link between lycopene consumption and lower rates of prostate cancer. Men with the highest levels of lycopene consumption had a 21% lower risk of developing the disease, and eating ten or more servings of tomato-based products a week correlated with a 35% lower risk. In another study of prostate cancer, researchers looked at blood levels of lycopene and found that the risk of developing prostate cancer, especially aggressive cancer, decreased with increasing blood lycopene levels.

**Pumpkin Seed B.E.E.®**: contains abundant essential fatty acids, which are responsible for diuretic activity that relieves discomfort and causes the perception of reduced swelling without reducing the gland size. The phytosterol constituents are also believed to increase urine flow. It is helpful for dysuria (difficulty of urination) secondary to Benign Prostatic Hyperplasia (BPH), bladder irritation and pyelonephritis (kidney inflammation). It also helps prevent the most common types of kidney stones by reducing the levels of substances that promote stone formation in the urine and increasing levels of substances that inhibit stone formation. Pumpkin Seeds are also rich in zinc, a mineral higher in the prostate than anywhere else and has been shown to be effective in reducing the size and symptoms of an enlarged prostate by inhibiting the activity of the enzyme that converts testosterone to DHT, the hormone that causes over production of prostate cells. Preliminary studies have shown that pumpkin seeds may reduce hormonal damage to prostate cells, thus possibly reducing the risk of developing prostate cancer.

**Pineapple Fruit and Stem B.E.E.®**: is valuable in particular for the precious enzymes it contains. Enzymes help to digest food when taken with meals. When ingested in between meals, they have many therapeutic functions including anti-inflammatory activities and anti-cancer activities. They also seem to help prevent metastases. The most active of which are the bromelains, which facilitate the digestion of protein, drainage of fluids, toxins and fat. Bromelain is a proteolytic enzyme that has anticancer activities and it also may enhance the effect of antibiotics in people with a urinary tract infection. It also helps the body fight prostatitis, especially noninfectious forms of prostatitis.

**Vitamin C (Ascorbic Acid), Vitamin E (d-alpha Tocopherol), Zinc Gluconate and Selenium Yeast**: help reduce the risk of prostate cancer and maintain healthy prostate function. Vitamin C would almost certainly be of benefit to the enlarged prostate. At the very least, infection would be avoided and vitamin C's modest diuretic effect would probably make urination easier. It has also been shown that combinations of C and E vitamins modulate the antioxidant network and blocks survivin gene expression in

androgen-responsive and non-responsive human prostate cancer cell (HPCC) lines. Vitamins C and E are both antioxidant vitamins protective for cancer in general. Vitamin C inhibits prostate cancer from spreading in the laboratory and Vitamin E in doses as low 50 international units daily decreases the incidences of prostate cancer in smokers by 32 percent. The prostate cannot function properly without adequate zinc. The prostate gland contains more zinc than any other organ in the body. Zinc is a trace metal needed in only very small amounts, but a deficiency can lead to major medical problems. Some patients with benign prostatic hypertrophy have actually had a reduction in prostate size from taking zinc, and many have a reduction in the congestion of chronic prostatitis. Quite a few promising studies published in 2004 showed the potential benefits of selenium in prevention of prostate cancer. One particular epidemiological study published in May 2004 in the Journal of National Cancer Institute revealed that men with high blood levels of selenium were about half as likely to develop advanced prostate cancer as the men with lower blood selenium.

**SUGGESTED USE:**

Take 1 capsule up to 3 times daily with or after meals.