



Tom Prendergast

Pharmacist Lowers Blood Pressure in 6 Minutes with Hypertenol™

Last month, we reported on the excellent blood pressure-lowering benefits of a nutritional supplement called **Hypertenol™**. We cited numerous clinical cases involving persons with moderate to extremely elevated blood pressure who benefited from this uniquely extracted herbal supplement. **Hypertenol™** from Metabolic Response Modifiers (also known simply as MRM) is a safe and highly effective proprietary blend of **anthemis**, **thyme**, and other **essential oils**. We recommend it highly to persons with high blood pressure who are seeking to reduce their medication dosage or a more natural way of dealing with their condition.

In one clinical report which we received, a female Caucasian, age 68, was using Cardizem (diltiazem hydrochloride) and Atenolol. Her blood pressure was 190/115 when she began taking **Hypertenol™** tablets on September 22, 2000. One week later, after taking **Hypertenol™**, her average reading was 130/85. By January 19, 2001, her blood pressure was normalized at 120/80 and her medication had been eliminated.

In a second clinical report, a male black, age 72, was using Zocor (simvastatin), Lasix (furosemide) and Hytrin (terazosin HCl). He had been suffering from hypertension since the age of 47. On September 22, 2000, when he started to use **Hypertenol™**, his blood pressure was dangerously elevated at 187/98. One week later, it had gone down to 145/92. By February 16, 2001, his blood pressure had returned to normal at 120/76, and his medication dosage had been drastically reduced.

Pharmacist Pioneers Hypertenol™ Use

Many of these case reports came to us from complementary medicine pharmacist Tom Prendergast, of Conroy's Pharmacy, in Coraopolis, Pennsylvania. His own experience with **Hypertenol™** should offer additional insight into how effectively this formula works to reduce blood pressure.

"I started as a pharmacist back in 1958," says Prendergast. "Over the period

of years I've actually owned ten different pharmacies all at once. I believe I owe my success both as a pharmacist and a businessman today to something that I started 20 years ago. You see I'm a 'niche pharmacist' I find things—often natural supplements—that are helpful to the patient and I offer these products. I always keep in mind that as a pharmacist I must be patient oriented. I often go to seminars and other educational conferences to continue my education in all aspects of health. Some years ago, I even began health counseling at my pharmacy. Our patients would bring in everything—their medications, over-the-counter products and nutritional supplements—and we would work together to see if what they were using was likely to produce synergistic results or adverse effects. Often, I'd make suggestions to their physicians. Many times with subtle changes to their medications or nutritional supplements, we found that by working together we could turn patients around. Pretty soon, physicians from throughout our area were calling on me."

Personal Experience with Hypertenol™

Not only is Prendergast a pharmacist, he is also a private, commercial and instrumental pilot. As such, he must have a physical examination once a year. "Well over 15 years ago, during one of these physicals, my doctor decided that I had

high blood pressure. My doctor put me on Tenex (guanfacine) and it brought down my blood pressure and held it quite well. But when I was at a seminar about two years ago, I met an Australian gentleman who told me about a dietary supplement called **Hypertenol™**. The very next day when I came down to the seminar I realized that I was out of my Tenex and I was starting to get a headache. I walked over to this gentleman and said, 'So how good is this Hypertenol?' He said, 'The inventor of Hypertenol is standing right in front of you.'

I said, 'That doesn't tell me how good it is.' He said, 'We can take your blood pressure down to absolutely normal in six minutes.' I said, 'Well, I'm from Missouri. Show me.' He handed me a pill, told me to chew it and put it under my tongue. We got a blood pressure device and started taking my blood pressure. And I watched it. First it went up, and then it just dropped like a rock. I said ask, 'Will Hypertenol maintain it?' He said it would. I went to the seminar and four hours later came back over to the doctor and I said, 'Take my blood pressure again.' He did; it was normal. That was impressive."

"Today, one Hypertenol tablet holds me all day, although I also take garlic and omega-3 fatty acid supplements," he continues. "I no longer require medication, and I have absolutely no trouble at all with my blood pressure. My blood pressure right now has an average of 120/71. It is so much better than drugs. It hasn't stopped me from doing anything. I still ski, skydive and fly. I've passed every one of my pilot's physicals. My doctor just shakes his head and he says, 'When is that blood pressure going back up?' I tell him, 'Never,' and now I have him on **Hypertenol™**. I've made a believer out of him!" ❖

The Doctors' Prescription

We are extremely impressed by results patients have received with **Hypertenol™**, and think this is a dietary formula hypertensives need to truly try. Take one to two **Hypertenol™** tablets daily to support healthy blood pressure. Consult your doctor if you are currently taking blood pressure or other medications. The **Hypertenol™** formula is available nationwide at natural health centers and from health professionals. You can contact MRM to find a store near you. Call them toll-free at (800) 948-6296.

